

Dear Client:

Thank you for choosing to see us at Virginia Veterinary Specialists! In order for your first visit to proceed efficiently, please fill out the form regarding your pet's medical history to the best of your ability. Please bring with you to the first appointment. If any questions are unclear, we will go over this at the time of the appointment.

Please do not bathe your pet for 5 days prior to the visit. Please do not treat the ears with any topicals for 2 days prior to the visit.

Please follow your primary care veterinarian's recommendations regarding other medications your pet is receiving.

In case blood work or a procedure may be done, **please do not feed your pet after midnight** the night before the appointment (unless your pet is diabetic). Water can be given up until the appointment.

Please plan on spending up to 1.5 hours at the clinic with your pet for the first appointment. More time will likely be needed if a procedure is done. Recheck visits are typically about 30 minutes. Many clients are coming to a veterinary referral practice for the first time and have questions regarding the visit. Generally, most initial visits average \$250 to \$450. This includes the initial visit and exam fee, microorganism screen and possibly basic blood work and medications (this can vary based on type of medications needed and size of pet). **The cost of skin testing is not included in this estimate.** More involved diagnostic tests that include specific testing for thyroid disease, adrenal disease, and/or biopsies are also not included.

In order to consider skin allergy testing, certain withdrawal times from various medications are important:

- Oral steroids should be avoided for at least 4 weeks prior to visit.
- Your pet should not have received a long acting injectable steroid (such as DepoMedrol) for 8-12 weeks.
- Your pet should not have received short acting injectable steroids (such as Dexamethasone) for 4 weeks.
- Topical steroids (such as those found in Otomax) applied to ears should be avoided for 3 weeks prior to visit.
- Topical hydrocortisone (such as that found in some shampoos) should be avoided for 1 week.
- Antihistamines such as diphenhydramine (Benadryl), hydroxyzine (Atarax), clemastine (Tavist) and chlorpheniramine (ClorTrimeton) should be avoided for a period of 2 weeks prior to allergy testing.
- Amitriptyline (Elavil) should be avoided for 2 Weeks

Be sure to follow your primary care veterinarian's recommendations when suspending medication. In general, we will see most appointments requiring skin testing or other procedure in the morning so that the procedure can be done over lunch. We will try our best to get these procedures done the day of the appointment. This may vary depending on the number of procedures necessary.

We look forward to meeting you and your pet!

Sincerely,

Elizabeth Toops, DVM, MS, DACVD

Patient Information:

- 1. Name: _____ Species: Canine Feline Breed: _____
- 2. Sex: Male Neutered Male Female Spayed Female
- 3. Age: _____
- 4. Where did you obtain this pet, and at what age was your pet when obtained?
- 5. Has this pet ever lived/visited outside your current geographical area?
- 6. What percentage of time does your animal spend: %Indoors: %Outdoors:
- 7. Does your pet go to a boarding kennel? If yes, how often?
- 8. Does your pet go to the groomer? If yes, how often?
- 9. Please list any known health problems that your pet has other than skin/ear disease:

- 10. What does your pet sleep/lay on? (owner's bed, feather bed, wool carpet...)

Patient History:

- 1. What is the primary reason for today's visit?
- 2. Does your pet experience any of the following? How often?
 Vomiting Diarrhea Coughing Sneezing

3. Please rate the following:

Weight:	Maintained	Increased	Decreased
Urination:	Maintained	Increased	Decreased
Drinking Behavior:	Maintained	Increased	Decreased
Appetite:	Maintained	Increased	Decreased
Activity Level:	Maintained	Increased	Decreased

4. Please check the following signs that pertain to your pet:

- Itching/Scratching/Licking/Chewing Ear Infections Excessive flaking (dandruff)
- Red Skin Bumps/Pimples/Scabs Welts (hives/wheals) Hair loss with itching
- Hair loss without itching Abnormal Nails (curving/cracking/breaking/loss/infections)
- Swelling between toes Draining lesions Other: _____

5. Age when problem began: _____

6. Onset of skin problem: Gradual Sudden

7. What did the skin problem initially look like?

8. Has the problem ever completely gone away since starting?

9. Which describes the progression of the skin problem?

I first noticed a skin rash or hair loss that does not bother my pet.

I first noticed some itching (chewing/biting/licking/rubbing/scratching) before any hair loss or skin rash.

I first noticed a skin rash or hair loss before itching.

10. If your pet is itchy (chewing/biting/licking/rubbing/scratching), please answer the following:

a. How severe is the itching on a scale of 1-10? (1=slight; 10= severe/constant)

b. How frequent is the itching? Rare Sporadic Constant

c. Is the problem worse? Indoors Outdoors Doesn't seem to matter

d. Where does your pet itch? (circle all that apply)

Lower back/rump/tail	Feet	Legs	Face	Ears
Underside	Armpits/Chest	Anal/Genital area	All over	Other:

11. Is the problem year round?

Yes, it has always been year round

Yes, but it used to be seasonal (only part of the year)

No

Unknown

12. If seasonal, which time of year is the problem present or more severe?

Spring Summer Fall Winter

13. Do you own other pets? If yes, what kind? Are they indoor or outdoor?

14. Is there exposure to other animals outside your household? If yes, what kind?

15. Do other animals or people in the house have lesions/itching? If yes, who?

Routine Care:

1. Is your pet up to date on vaccinations?

2. When were the last vaccines given, and what were they?

3. For dogs: Has your pet tested negative for heartworm disease in the past 12 months?

4. For cats: Has your pet tested negative for Feline Leukemia Virus (FeLV) and Feline Immunodeficiency Virus?

When was the last test done?

5. Have you noticed any fleas or ticks on your pet?

On other pets or in contact animals?

6. Diet:

a. What is the current diet?

b. Has a special diet been tried? If yes, which diet(s)? Did it help?

c. What treats are provided (biscuits, rawhides, table food...?)

d. Do you brush your pet's teeth? If yes, what flavor is the toothpaste?

e. If giving oral medications, are any flavored?

Medication information: Please include dose and frequency of administration given if known.

1. Please list **All** medications, topicals (ear medications, shampoos...) and supplements your pet is **currently** on for skin and ear problems **as well as** other health issues. Include heartworm and flea/tick control.

Do other pets receive flea/tick control?

2. What previous antihistamines (Diphenhydramine (Benadryl), Loratidine (Claritin), Hydroxyzine (Atarax).....) have been used?

3. What previous steroids injectable and oral (prednisone, prednisolone, Temaril-P, dexamethasone...) have been used?

4. Have you previously tried Atopica? How long? What dose?

5. What Antibiotics have you previously given (examples include: Cephalexin, Clavamox, Baytril Enrofloxacin), Clindamycin, Trimethoprim Sulfa, Primor, Zenequin (Marbofloxacin), Simplicef (Cefpodoxime), Ciprofloxacin)?

6. What Anti-yeast medications have been previously given (Ketoconazole, Fluconazole, Itraconazole (Sporanox), Terbinafine)?

7. What previous topicals (shampoos, ear medications, and sprays) have been used?

8. Please list any other medications that were previously given for skin/ear disease (Allergy shots, fatty acids...)